Purpose
We exist to empower women for lifetime recovery.

Mission
We provide evidence-based substance abuse and mental health services for women in an environment of faith and healing to restore hope and a lifetime of recovery.

Lives changed
“I can honestly say that The Next Door saved my life – not once, but TWICE! They made sure that I always had this family to come back to. I feel accepted here. I want to thank The Next Door staff for not giving up on me. Every day, you show God’s mercy and grace to countless hurting, angry and confused women who just want to know what it means to be free, feel safe and experience unconditional love. Thank you for showing that to me when I needed it most.”

— Natalie, TND Client 2018

2018 Total: $1,830,347.08
Development Breakdown for 2018 (unaudited)

- Individuals 48%
- Foundations 37%
- Corporations 10%
- Churches 5%

Over 7,000 women served by The Next Door since 2004.
32% of women (treatment only) are admitted to more than one level of care.

33 — average age of a client across all programs

Care Provided

Medically-Monitored Detox:
Detox is the most intensive level of treatment care for women transitioning from active substance use. A team of nurses monitors up to twelve women in this unit for 24 hours a day and adjusts needed medications and care for each woman individually to ensure the best clinical support possible. The team and the unit are equipped to care for pregnant women at this stage of treatment.

- Served 34% more women in 2018 from 2017
- 91% client satisfaction rate based on client surveys upon discharge

“This place means the world to the rest of my life.” — TND Detox Clients

Inpatient Residential Treatment:
The Next Door offers inpatient residential treatment for up to 70 women at its Nashville facility. Women at this level of care receive customized case management, medication monitoring, one-on-one and group therapy, peer support, etc., while living on-site.

- Served 26% more women in 2018 from 2017
- 93% client satisfaction rate based on client surveys upon discharge

“Being admitted to TND is the best decision I have made in years.” — TND Detox Clients

Our Clients

Payer Sources for 2018
- Commercial Insurance 5.3%
- Grant 21.4%
- TennCare/Self-Pay 73.3%

Clients’ Education Levels for 2018
- High School 58%
- Postsecondary, Vocational, or Undergrad 35%
- Middle 4%
- Graduate 2%
- Other 1%
- Elementary <1%

Out of 1,101 responses, CRC Clients not tracked

1,413 individual women served in all TND programs
1,329 individual women served in treatment programs at TND Nashville

433 served in Medically-Monitored Detox
1,236 served in Inpatient Residential Treatment
Care Provided

Partial-Hospitalization Program:
The Partial-Hospitalization Program (PHP) is an outpatient level of treatment designed for women with co-occurring mental health diagnoses and bridges the gap between residential inpatient treatment and intensive outpatient services. It allows clients to begin the transition into independent living while maintaining the intensive therapy, medication management, and other services provided in residential treatment. PHP offers five hours of treatment each day, up to five days a week.

• 98% client satisfaction rate based on client surveys upon discharge

Intensive Outpatient Program:
Intensive Outpatient Program (IOP) provides continued therapy and other services in an outpatient environment, three hours a day for four days a week.

• 99% client satisfaction rate based on client surveys upon discharge

Correctional Release Center:
The Correctional Release Center (CRC) is located in Chattanooga, Tennessee. In partnership with the Tennessee Department of Correction, this program serves women in the last 18 months of their prison sentences. Women enrolled in the program live on-site at the CRC and receive addiction treatment, trauma, and traditional re-entry services.

66 served at CRC

The accountability requirements really helped me stay in line and learn more responsibility.
— TND PHP Client

“...”

112 served in Partial-Hospitalization

174 served in Intensive Outpatient

The Next Door’s Recovery Care Clinic (RCC) is scheduled to begin in 2019. The RCC will operate the organization’s Medication-Assisted Treatment (MAT) option for clients and Office-Based Opioid Treatment (OBOT) program. All RCC operations will be supervised by Dr. Michael Ferri, M.D., TND’s Medical Director.

Freedom Recovery Center: The Freedom Recovery Center (FRC) provides 21 apartments of affordable and permanent housing for women in recovery and up to three children, 18 years of age and younger. Residents can renew their leases every year, and all tenants have access to recovery meetings at TND Nashville, case management services, and other community resources coordinated by FRC staff.

32 women & 42 children served at FRC

Positive Results

Overall successful transition rate for treatment programs – 64%, 1,236 women completed their care.

Each program’s transition rate:

• Medically-Monitored Detox – 79%
• Inpatient Residential – 61%
• Partial-Hospitalization Program – 58%
• Intensive Outpatient Program – 52%

290 women attended TND aftercare events in 2018
The Next Door 2018 Board of Directors:
Heather Crane
Betty Dickens
Tam Gordon
Elizabeth Hawkins, Secretary
Frank Lewis, Ex-officio
Linda Leathers, Ex-officio
Laura Minchew
Michele Oglesby
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